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INTERNATIONAL COOPERATION BETWEEN THE INSTITUTE OF FAMILY STUDIES AND SOCIAL WORK OF THE CATHOLIC UNIVERSITY OF LUBLIN AND THE G. KOSTIUK INSTITUTE OF PSYCHOLOGY IN KIEV

as part of the academic-training conferences:

"The Significance of Distributing Individual and Social Resources in
Experiencing Difficult Situations of Various Kinds

- Polish and Ukrainian Experience"
Lublin, September 12, 2015

and

"Досвід України та країн Європейського Союзу у вирішенні актуальних проблем психології в сучасних соціально-політичних умовах" the G. Kostiuk Institute of Psychology, Kiev, December 12, 2015

The Institute of Family Studies and Social Work of the Catholic University of Lublin carries out a long-term program of international cooperation with similar academic institutions in the countries of Central and Eastern Europe. In the academic year 2014/2015 a memorandum (agreement) between the Institute of Family Studies and Social Work of the Catholic University of Lublin and the G. Kostiuk Institute of Psychology in Kiev – which is a leading academic institution in this field. In the situation of threat and destabilization of the Ukrainian state the academic institutions in the Ukraine, especially the ones that work in the sphere of counteracting the occurrence of post-traumatic situations, look for contacts with similar institutions in Western countries in order to exchange experiences and to work out new assistance programs that would be adequate to the present situation.

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As part of this cooperation a number of tasks were performed with both academic institutions, NGOs and grant awarding institutions taking part. In June 2016 the Chair of Public Health of the CUL as the main partner and the institution carrying out the project in cooperation with the Natanaelum Foundation and the Institute of Psychotherapy and Psychoprophylaxis in Lublin, started to carry out the training project entitled "Enhancing the potential of the family in the situation of destabilization of the Ukrainian state" as part of the RITA Program – Transformations in the region by the Polish-American Freedom Foundation on the basis of the contract nr RITA-2015-10. A group of 30 academics from the Ukraine, representing 7 universities from all over the country underwent three-week training courses and got academic placements. The result of the courses was achieving certificates concerning psychoprophylaxis and dysfunction of the family in the situation of destabilization of the state that was based on the original project drawn up by Professor Julia Gorbaniuk – a research worker of the Chair of Public Health (the director of the project).

During the academic placement, on September 12, 2015, an academic conference took place at the CUL that started the project entitled "The Significance of Distributing Individual and Social Resources in Experiencing Difficult Situations of Various Kinds – Polish and Ukrainian Experience". The conference was organized by: the Chair of Public Health of the Institute of Family Studies and Social Work, the Chair of Social Psychoprophylaxis of the Institute of Psychology, the Institute Psychoprophylaxis and Psychotherapy in Lublin and the Natanaelum Association. Prof. Iwona Niewiadomska, Prof. Jarosław Jęczeń, Prof. Maria Chuchra, Prof. Halyna Bevz, Dr Joanna Chwaszcz, Dr Tetiana Melnyczuk and Dr Natalia Słobodianyk were members of the Academic-Program Committee. The Conference was presided over by Prof. Julia Gorbaniuk.

The aim of the Conference was to present current methods of work with the family in the institutional, educational and assisting-therapeutic field. The invited guests presented new forms of work with the target group and their own achievements and results of both innovative and already realized programs. In a special way distribution of individual and social resources in experiencing various kinds of difficult situations was brought into focus. The Polish side was represented by eight research workers from the CUL, and academics from the Ukraine gave 24 lectures.

The conference session was opened by Deputy Dean of the Faculty of Social Sciences Prof. Iwona Niewiadomska who delivered the inaugural lecture on "S. Hobfoll's conception of the distribution of resources". In the plenary session "Protecting resources in the family in a difficult situation" lectures were given by: Dr Joanna Chwaszcz (Director of the Institute of Psychoprophylaxis and Psychotherapy, Lublin) – "Experiencing difficult situations in a man's life", Prof. Julia Gorbaniuk (Chair of Public Health of the CUL) – "The significance of family resources in experiencing difficult situations", Prof. Halyna Bevz (Chair of General and Practical Psychology, UMO, Kiev) – "Охорона дитинства в сім'ї, громаді, державі", Prof. Tetiana Jablońska (the G. Kostiuk Institute of Psychology, Kiev) – "Психологічна допомога сім'ї як засіб розвитку позитивної ідентичності дитини", Dr Tetiana Melnyczuk (the G. Kostiuk Institute of Psychology, Kiev) – "Особливості та шляхи вирішення проблеми психологічної готовності сімей до усиновлення дитини", Dr Lidia

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Bondaruk (Director of the Humanities Department, the Volhynian Institute of Post-graduate Pedagogical Education, Volodymyr Volynski) – "Фомування сімейних цінностей через предмети гуманітарного циклу". The speakers undertook a many-sided look at using and transmitting family resources in various aspects of the functioning of the family, both in its own space and in the space of state institutions.

Next the work at the Conference focused on the subjects that were suggested in three thematic sessions: "Protecting resources in the family in a difficult situation", "The family's tasks in building individual resources" and "The significance of institutions in building individual resources". The participants prepared and conducted 7 thematic workshops concerning different aspects of the functioning of the family. They indicated the existence of models of starting constructive processes of finding and transmitting resources both within small family communities and broader societies. Conclusions from the conference were collected and worked out in the form of postulates that became directives for preparing a conference that will be part of Polish researchers' revisit to Kiev in December 2015.

Starting work on preparing a monograph *Distribution of resources in a family in a difficult situation* edited by J. Chwaszcz and J. Gorbaniuk was a tangible result of the Lublin Conference.

The conference in the G. Kostiuk Institute of Psychology in Kiev was not only an occasion for presenting the achievements of the CUL research workers, but also a jubilee meeting – it took place on the 70. anniversary of establishing the Institute. This was the cause why the conference had an all-Poland and international scope, and the lectures prepared by the participants will be the basis for a jubilee commemorative book of the Institute.

The issues presented at the Conference were the following:

- the current tasks and goals of the cooperation between the Ukraine and European Union countries in the fields of psychological education in educational institutions of various types;
- the directions of the cooperation between the Ukraine and European Union countries in research into socialization of the young generation and of other age groups, especially in the process of distribution of resources (economic, professional, individual differences, political and ideological views);
- the strategy of assisting the family in crisis situations: the experience of the Ukraine's cooperation with European Union countries;
- psychological support for the victims of an armed conflict (soldiers, families of the killed, displaced persons): the experience of work in the Ukraine;
- the specificity of psychological re-adaptation of participants in military activities to cooperation with various organizations: the experience of work in the Ukraine;
- technologies of psychologists' work in the aspect of searching for topical problems in psychologists' work with a family and establishing innovative organizations working for the family: the experience of the Ukraine's cooperation with European Union countries.

The delegation of the John Paul II Catholic University of Lublin was constituted by the team of researchers representing the Chair of Public Health of the CUL: Prof. Maria Chuchra, Prof. Julia Gorbaniuk and Dr Bernadeta Lelonek-Kuleta. Also research workers 196 REPORTS

from the Institute of Psychology of the CUL took an active part in the Kiev conference – Prof. Oleg Gorbaniuk and Dr Joanna Chwaszcz. The Polish Mission in Kiev of the Polish Academy of Sciences in Warsaw took the Conference under its wings.

The team of co-organizers of the event was made up of: the National Academy of Pedagogical Sciences of the Ukraine, the G. Kostiuk Institute of Psychology, the John Paul II Catholic University of Lublin (the Institute of Family Studies and Social Work), the Association of Psychologists of the Ukraine, the Ukrainian association of psychologists of organizations and industry.

The conference was first of all a chance to exchange valuable experiences for research workers and practitioners who work in the field of psychology, and to establish international contacts that will bear fruit in the form of effective cooperation.

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INTERNATIONAL CONFERENCE "CONGRÈS INTERNATIONAL SUR LES TROUBLES ADDICTIFS FOCUS SUR LES ADDICTIONS COMPORTEMENTALES"

Nantes, 16-17 April 2015

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The concept of the so-called behavioral addiction is ever more often used in the language of both practitioners – people whose profession is to treat dependencies – and researchers. However, it is worth noting that – as yet – a particular disease like "activity dependence" has not been distinguished. In the recent classification of mental disorders DSM-V published by the American Psychiatric Association gambling disorder was included as the only one of the so-called addictive disorders, whereas other disorders belonging to this group still have to be studied.

In the international field experts dealing with the so-called new dependences have been meeting for many years. In France the Federative Institute for Behavioral Addictions (Institut federative des addictions comportementales – IFAC) attached to the Clinic in Nantes was established; it initiates numerous actions connected with the issue. One of such actions was organizing another international congress devoted to behavioral addictions on April 16-17, 2015. The congress took place on the premises of the Faculty of Pharmacy of the Nantes University and its aim was to establish a plane for an exchange and discussion for clinicians and researchers in order to clarify the concept of behavioral addictions and to present most recent methods of therapy of new disorders.