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THE CONCEPT OF RELICS AND CANONICAL RECOGNITION, TRANSFER AND PRESERVATION OF THE MORTAL REMAINS OF SERVANTS OF GOD ACCORDING TO THE INSTRUCTION OF THE CONGREGATION FOR THE CAUSES OF SAINTS OF 8 DECEMBER 2017

INTRODUCTION

From the moment when Pope Francis (during an audience given to the Secretary of State) approved the *Norms regarding the administration of temporal goods in the causes of beatification and canonization*¹ on March 4, 2016, and when six months later (August 24, 2016), authorised by Pope Francis, the same Secretary of State, Cardinal Pietro Parolin approved the new *Rules of the Medical Board*²—it is apparent that the reform of canonization law has commenced and that the rate at which documents on these matters are issued has accelerated greatly. In the following year, in his apostolic letter issued motu proprio *Maiorem hac dilectionem* On the Offer of


Pope Francis established a new measure of holiness, and on December 5, 2017, he approved the Instruction *Relics in the Church: Authenticity and Preservation.* On April 9, 2018, Holy Father’s theological document on holiness was presented—the apostolic exhortation *Gaudete et Exsultate* on the call to holiness in today’s world. It seems, then, that within two years Pope Francis promulgated or ordered the promulgation of as many legal acts on canonization causes as John Paul II did during his almost 27-year-long pontificate.

In this dynamically changing reality, my choice of this subject seems justified. The instruction on the relics, despite announcements, has not been officially translated into Polish yet (as of July 30, 2018), nor has a scientific commentary been provided.

1. LEGAL FORCE

The document has the status of an instruction. It explains the regulations of the laws, develops and defines the rationale to be considered when observing them. The provisions of the instruction do not change the laws, and if they cannot be reconciled with those provisions, they have no force whatsoever (c. 34, §§1 and 2 CIC/83). The instruction *Relics in the Church: Authenticity and Preservation* replaced the appendix to the instruction *Sanctorum Mater* for conducting diocesan or eparchial inquiries in the

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7 C. 34, §3 CIC/83: “Instructions cease to have force not only by explicit or implicit revocation of the competent authority who issued them or of the superior of that authority but also by the cessation of the law for whose clarification or execution they were given.”
Causes of Saints. The instruction on relics in the Church was approved by the Pope Francis on December 5, 2017. The text of the instruction, prepared on December 8, 2017 on the Feast of the Immaculate Conception of the Blessed Virgin Mary by the Congregation for the Causes of Saints, signed by the Prefect of the Congregation and its Secretary, was then published in “L’Osservatore Romano” on December 17, 2017 and was given immediate legal force.

2. THE STRUCTURE OF THE DOCUMENT AND ITS ADDRESSEES

The Instruction contains 38 articles (and is much more comprehensive than the previous one, in which the Appendix contained 15 articles). It is preceded by an extensive introduction and divided into 3 parts: I. Request for the Consent of the Congregation for the Causes of Saints. II. Diocesan or Eparchial Phase of the possible specific procedures. III. Pilgrimage of the Relics. Part II includes three titles (I. Initial Acts II. The Specific Procedures III. Final Acts). Title II, The Specific Procedures, encompasses three chapters: I. Canonical Recognition II. Extraction of Fragments and Creation of Relics III. Translation of the Urn and Alienation of Relics. The Instruction concludes that the resolution of all other issues is left to the judgement of the bishop or the episcopal delegate.

The instruction is addressed to those responsible for the execution of laws and who are bound by it to implement the laws (c. 34, §1 CIC/83). In this case, the Instruction is addressed to diocesan bishops, eparchs and those who are equal to them in law. It is also to serve those who participate in the procedures regarding the relics of Blessed and Saints, and in the procedures concerning the mortal remains of Servants of God and Venerables (that is members of the beatification and canonization tribunals, postulators and others) to facilitate the application of what is required in such special matters.
3. THE CONCEPT OF RELICS—HISTORICAL CONDITIONING

It is a good thing that the Congregation for the Causes of Saints has precisely organised the terminology related to relics. This was done by making reference to the historical division that had already existed in the practice of the Congregation of Rites, which was appointed in 1588 by Sixtus V (1585–1590), and later also in the practice of the Congregation for Indulgences and Relics, which was part of the structure of the Roman Curia in the years 1669–1904. If we analyse decrees from those years, we quickly realize that it was important whether relics were significant (*reliquie insigni*) or insignificant (*reliquie non insigni*). For example, in the decree of the Congregation of Rites dated April 8, 1628 it was specified that significant relics were: the body, head, arm, leg, or other part of the body by reason of which a martyr suffered as long as it was not too small and had the bishop’s approval. In 1899, the Congregation of Rites, having asked the opinion of the experts of the Liturgical Commission, declared that a significant relic was also: a separate part of an arm that precedes the forearm; the outer part of the arm, and also: the heart, tongue, hand, if miraculously preserved.

In contrast, pieces of bones from the head of St Stephen were not relics, as expressed by the Congregation of Rites in the decree of December 20, 1628, nor was a fragment of St Lawrence’s foot (an external fragment of bones from the head of St Lawrence).
the left leg with four fingers covered with flesh). This division into significant and insignificant relics had some consequences. For example, ordinaries were forbidden to celebrate Mass and feasts with an office of a saint if no significant relic was kept in the church, or it was not possible to include the Creed in Mass; nor could insignificant relics be carried in procession.

The Code of Canon Law of 1917 adopted the same division, emphasizing in canon 1281, §2 that significant relics were: “the whole body, head, shoulder, forearm, heart, tongue, hand, shin or that part of the body by reason of which the martyr suffered, as long as it is not too small or too small.”

CIC/17 prohibited the storage of significant relics in private homes and oratories without a written permission of the ordinary of the place (c. 1282, §1). The code permitted this for insignificant relics, without defining them.

The 1983 Code of Canon Law does not contain a definition of relics. However, it strongly prohibits the alienation of significant relics (insignes reliquiae) and others held in great veneration by the faithful without the permission of the Holy See (c. 1190). This definition was also not included in the Appendix to the Instruction Sanctorum Mater of May 17, 2007.

It was not until the instruction of the Congregation for the Causes of Saints of December 8, 2017 that significant relics were declared to be: 1) the bodies of saints and blessed, or 2) their notable parts, or 3) the total sum of the ashes obtained by their cremation (Introduction). Certified as authentic they are to be stored with respect in properly sealed urns (coffins), placed in dignified places that guarantee safety, a sacred atmosphere and facilitate worship (Introduction).

The following are considered to be insignificant relics: 1) small fragments of the body of blessed and saints or 2) objects that were in direct contact with those persons (Introduction). In addition, it was decided that one could speak of relics only after the beatification. Thus the instruction


\[15\] IDEM, Urbis, December 8, 1628, 118.


\[17\] “Insignes Sanctorum vel Beatorum reliquiae sunt corpus, caput, brachium, antibrachium, cor, lingua, manus, crus aut illa pars corporis in qua passus est martyr, dummodo sit integra et non parva.”
dispelled doubts of those who thought that significant relics were any objects touched by the blessed, or small pieces of bones or blood. Despite the ban expressed in c. 1090, §1 CIC/83, various insignificant relics are sold on the Internet. The Congregation for the Causes of Saints reminds us that these insignificant relics in any case are to be preserved and honoured in a religious spirit, avoiding every type of superstition or illicit trade (Introduction), and Article 25 of the Instruction expressly forbids the exchange of relics for something else or for money and the sale of relics (that is, the transfer of relics at a certain price). It is forbidden to exhibit relics in profane or unauthorised places.

4. THE COMPETENT AUTHORITY AND ACTS PRECEDING THE CANONICAL RECOGNITION OF MORTAL REMAINS OF SERVANTS OF GOD

The goal of canonical recognition of the mortal remains of a Servant of God is to establish their authenticity. More precisely, we should remember that neither the apostolic constitution Divinus perfectionis Magister of January 25, 1983 nor its implementing norms—Normae servandae of February 7, 1983 settled anything on the canonical recognition of the mortal remains of the Servant of God. This was done only by the Congregation for the Causes of Saints in the instruction for conducting diocesan or eparchial inquiries in the causes of saints Sanctorum Mater of May 17, 2007, which noted in Article 141 that: “Before proceeding to the definitive closing of the Inquiry, the diocesan or eparchial Bishop may proceed to the canonical recognition of the mortal remains of the Servant of God,” specifying in Article 2, §1 of the no longer binding appendix that “it is necessary to certify that

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19 CONGREGATION FOR THE CAUSES OF SAINTS, Norms to be observed in inquiries made by bishops in the causes of saints, February 7, 1983, AAS 75 (1983), 396–403; English translation available on http://www.causesanti.va/content/causadeisanti/it/documenti/normae-servandae_en.html.

20 For more on this, see H. MISZTAL, Prawo kanonizacyjne. Instytucje prawa materialnego, zarys historii, procedury, 2nd ed. (Lublin: Wydzial Prawa, Prawa Kanonicznego i Administracji KUL, Sandomierz: Wydawnictwo Diecezjalne, 2003), 387.

the mortal remains of a Servant of God whose cause is in progress are au-
thetic,” “before the Inquiry is closed” (Article 3 of the Appendix).

The bishop of the diocese or the eparchy in which the mortal remains are
preserved is competent to carry out all possible procedures related to them. 22
The optional request for instructions from the Congregation to carry out ca-
nonical recognition of mortal remains 23 was replaced by the obligatory con-
sent of the same dicastery.

The provision of the second part of Article 2 of the Instruction on Relics
is novel, whereby before performing any procedure on mortal remains, all
provisions of the local civil law are to be observed, 24 and the heir’s consent
must be obtained in accordance with them. Also before the beatification,
such consent must be obtained from the heir for the donation of the body
fragments to the Church (Art. 2, §2). In the Polish law, one is made eligible
for inheritance by a will or statute – if the testator has not appointed an heir
or when none of the persons he or she has appointed wants or can be an heir
(Art. 926, §§1–2 of the Polish Civil Code). The circle of heirs, be it testa-
mentary or statutory ones, is not the same as the circle of those entitled to
bury (and exhume) a corpse. According to Article 10 para. 1 of the Act of 31
January 1959 on cemeteries and burying the dead, 25 this right is vested in the
immediate living family of the deceased, that is: 1) the living spouse, 2)
a descendant relative, 3) an ascendant relative, 4) a lateral relative up to the
fourth degree of consanguinity, and 5) a person related by kinship in a straight
line up to the first degree. Should therefore permission be asked only of the
testamentary or statutory heirs? What if the heir is a person from outside the
immediate living family? Or when the estate was inherited by an institution,
like the State Treasury? Should the immediate family at least not be
informed about the planned actions in such a situation? Will the lack of con-
sent of the immediate family members enumerated in Article 10 para. 1 of
the Act on cemeteries and burying the dead not adversely affect the climate
associated with the ongoing beatification process? Disregarding the consent
of the immediate family of the deceased constitutes an infringement of the

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22 Art. 1 IR: “The one competent to perform all the possible procedures on relics or on mortal
remains is the Bishop of the diocese or of the eparchy where they are preserved, if he has obtained
beforehand the consent of the Congregation for the Causes of the Saints.” See also Art. 7 IR.
23 Compare Art. 4, §1 of the Appendix to Sanctorum Mater.
24 The Italian term “legge civile locali”, appearing very often in official documents of the
Catholic Church, should be translated not as “civil law,” but as “secular law” to distinguish it
from canon law.
personal right to bury the corpse which does not automatically cease after the funeral is complete, and its scope also includes cases when exhumation is demanded in order to bury the corpse in another suitable place. No matter which option is chosen prudently in a specific case, in the event of disagreement among the family members as to exhumation, the court of law is competent to resolve this matter. These are not purely academic considerations. On June 8, 2018, the New York Supreme Court adjudicated a long-lasting dispute between the Diocese of Peoria and the Archdiocese of New York over the exhumation and translation of Archbishop Fulton Sheen’s body from St Patric’s Cathedral in New York to the Diocese of Peoria, which conducted his beatification process. Judge Arlene Bluth argued that “Joan Sheen Cunningham, the niece and closest living relative of Archbishop Sheen, met the legal conditions necessary to exhume her uncle’s body” and that the expected canonization is a sufficient reason for the transfer of the mortal remains of Archbishop Scheen.

Having the above-mentioned consent, the competent bishop asks the Congregation for the consent to perform the activities he intends to carry out (Art. 3, §1 IR). In a written request, he describes in detail: 1) the place where the remains are currently preserved (city, church name, chapel, public or private cemetery, etc.) (Art. 3, §2 IR); 2) place of final burial, including a plan of the new location of the grave (indicating the city, name of the church, chapel, cemetery, etc.)—if the transfer is to be final to a different new location in the diocese of eparchy (Art. 4, §1 IR); 3) the place of the final burial, with a plan of the new location attached and the receiving bishop’s written consent regarding the party that will be endowed with the

26 See also the Decision of the Supreme Court of 13 January 1965, file ref. no. I CR 464/64, LEX no. 259; A. Partyk, Pierszestwo osób wymienionych w art. 10 ust. 1 ustawy o cmentarzach i chowaniu zmarłych, do pochówku zwłok w określonym grobie oraz do ekshumacji, LEX/el., 2014. It is also worth noting that there is no unanimity in Polish jurisprudence as to whether the persons mentioned in Article 10 para. 1 of the said Act have a sort of “priority” in respect of burial, whether the burial requires an unanimous cooperation of all persons who are close to the deceased, or whether each of these persons may independently undertake actions while the others may oppose this when the action has the attributes of an unlawful act. For more on this, see Postępowanie kanonizacyjne, 196–97.


mortal remains—in the case of translation to another diocese (Art. 4, §2 IR), the bishop always confirms that he has obtained the heir’s consent. If the mortal remains are to be alienated within the same diocese or eparchy, the competent bishop should send the Congregation a copy of the written consent of the parties: the alienating party and the future owner. In the event of alienation to another diocese or parish, the request is accompanied by a copy of the written consent of the bishop (ad quem), who is going to receive the relics, the written consent of the alienating party and the future owner, as well as a plan of the new location (Art. 5 IR).

After receiving the rescript of the Congregation, the bishop may proceed according to the instructions of this dicastery, 30 scrupulously, avoiding any sign of unlawful cult to a Servant of God or a Venerable Servant of God who has not yet been beatified yet (Art. 6 IR).

The bishop establishes a tribunal, nominating by decree those who will perform the functions of the episcopal delegate, promoter of justice, and notary (Art. 8 IR). He also appoints: an expert doctor (anatomical pathologist, medical examiner or other specialist) and, if necessary, an assistant to the expert doctor (autopsy technician), as well as others to carry out the technical work. He appoints at least two faithful (priests, consecrated persons, lay persons) who sign the documents as witnesses (Art. 10 IR). In the previous practice, before the exhumation, at least two witnesses to the funeral and burial of the Servant of God had to be questioned under oath about the authenticity of the grave. 32 The current Instruction does impose this requirement. The participation of a postulator or vice-postulator of the cause is permissible (Art. 11 IR) and of other entities whose presence is deemed appropriate by the bishop or his delegate (Art. 13, §2 IR). However, it is absolutely necessary to avoid publicity surrounding this event (Art. 13, §3 IR), as these activities cannot have the character of a public service. 33 All those who take part in the canonical recognition of mortal remains must first take an oath to be able to faithfully discharge their duties and to keep the official secret (Art. 12 IR).

30 Examples of such instructions are given in A. Scąber, “Rozpoznanie i zabezpieczenie doczesnych szczątków sług Bożych oraz pobranie relikwii w procedurze beatyfikacyjnej—instrukcje Kongregacji Spraw Kanonizacyjnych i procedura,” in ŚK, 11: 72–91.
31 See also Norms to be observed, no. 36, and Sanctorum Mater, art. 88 and 143.
32 MISZTAŁ, Prawo kanonizacyjne, 388.
33 Ibid.
5. CANONICAL RECOGNITION

The Tribunal and others appointed for this task are to meet on the designated day and time at the place where the remains are preserved (Art. 13, §1 IR). Before their removal, if there exists an authentic document confirming the facts of the last burial, canonical recognition or translation, it should be read out aloud before a notary so that he can verify whether what the content of the document coincides with what now has been established (Art. 14, §1 IR). In the absence of such a document or if the urn or the seals attached thereto appear to be broken, special care must be taken to ensure that they are indeed the mortal remains of the person concerned (Art. 14 IR).

Once the coffin has been extracted, it should be moved to a suitable place (e.g. a forensic clinic, sacristy, etc.). The mortal remains must be placed on a table covered with dignified cloth so that anatomical experts can clear them of dust and other impurities (Art. 15 IR). Upon completion of these procedures, the experts identify all parts of the body and describe in the most detailed way their condition, and record their conclusions in a joint report, signed by them and attached to the other files (Art. 16 IR). Whenever the canonical recognition reveals the necessity or appropriateness of performing treatments for the preservation of the remains, after obtaining the bishop’s consent, such procedures are to be carried out using the most appropriate techniques in places and in the manner indicated by anatomy experts or other experts (Article 17 IR). If the canonical recognition cannot be completed during one session, the place where these operations have been carried out must be locked and secured, and necessary precautions should be taken to avoid theft or profanation. The key is kept by the bishop or his delegate (Art. 18 IR).

When all necessary procedures have been done to preserve the mortal remains and reconstruct the body, everything must be placed into a new urn (Art. 19 IR). If the remains are to be dressed in new robes, these, as far as possible, should retain their previous style (Art. 19, §2 IR). In doing so, the bishop or his delegate are to ensure that no one takes anything out of the urn or puts anything into it (Art. 19 §3 IR). If possible, the old urn and everything

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which was found in it is to be religiously preserved, otherwise it must be destroyed (Art. 19, §4 IR).

The record of the operations performed must be placed in a tube bearing the bishop’s seal and placed in the urn (Art. 20 IR). If the procedure requires that the mortal remains of the Servant of God are to be transferred within the same diocese or eparchy, the urn should be closed and bound with a ribbon bearing the seal of the bishop, without any solemnity, neither at the place of the previous burial nor at the place of the new burial, avoiding all signs of unlawful cult in accordance with the decrees of Urban VIII on non-cult (Art. 26 IR).

6. EXTRACTION OF BODY FRAGMENTS AND THE FINAL ACTS

In the same way as during the canonical recognition of the mortal remains of a Servant of God, it is necessary to proceed with regard to the extraction of body fragments on the occasion of the upcoming beatification of the Servant of God or canonization of the Blessed. Only those body parts which have become naturally detached from the body as indicated by the experts should be collected (Art. 21 IR). The instruction forbids dismembering of the body, unless the bishop has obtained the consent of the Congregation for the Causes of Saints in order to prepare significant relics (Art. 24 IR). The person responsible for drawing up the certificate of authenticity of the relics is the postulator of the cause (Art. 23 IR).35 The bishop decides on the place of storage of the extracted fragments (Art. 22 IR).

The notary is to record all procedural acts in a special report signed by the bishop or the episcopal delegate, the promoter of justice, the anatomical experts and the two witnesses mentioned in Articles 9–10 of this Instruction. The notary authenticates the act with his signature and stamp. The Congregation’s consent is attached to the report (Art. 28 IR). Reports of all procedures performed, closed and stamped with the seals of the bishop or his delegate, are preserved in the diocesan or eparchial curia, and a copy of it is sent to the Congregation for the Causes of Saints (Art. 29 IR). The new element of the manual is permission to document the course of a canonical recognition and the preservation of temporal remains or relics. In each case, authorised photographs or films of activities should be attached to the report

35 In the absence of postulation, the preparation and signing of the certificate of authenticity of the relics rests with the diocesan bishop, the eparch or ones equivalent to him in law, or their delegates (Art. 23, §2 IR).
and kept with it in the diocesan or eparchial curia (Art. 29, §2 IR). However, photographs and information, originating from anatomical procedures and all treatments, cannot be made public without the consent of the competent bishop and if such exists—without the consent of the heir (Art. 30 IR).

CONCLUSION

The Congregation for the Causes of Saints, which, in accordance with Article 74 of the Apostolic Constitution Pastor Bonus decides on everything concerning the authenticity and preservation of relics, after the 11 years of applying the Appendix to the Instruction Sanctorum Mater concerning canonical recognition of the mortal remains of a Servant of God, considered it necessary to prepare a new instruction: Relics in the Church: Authenticity and Preservation. In an uncontroversial manner, for the first time since 1983, it systematized the concept of relics, dividing them into significant relics (reliquie insigni) and insignificant ones (reliquie non insigni). Another novelty is the inclusion of the whole volume of the urns with ashes obtained as a result of cremation in the category of significant relics (such used to be the case with a vase containing the blood of martyrs). The Instruction explains in detail all the procedures that are possible to perform on the mortal remains of Servants of God and on relics, emphasising that the diocesan bishop or the eparch must always obtain the consent of the Congregation. It introduces—which is also a novelty in comparison with the previous documents—a requirement to obtain the heirs' consent to perform any actions on the mortal remains (i.e. to exhume, transfer to a different location, or extract body parts before the expected beatification, publish photographs and video material, and other information related to the anatomical procedures), and a requirement to obtain their consent to donate the body fragments to the Church before the beatification. It introduces a requirement that a tribunal be established for canonical recognition of the mortal remains (previously an exhumation commission would be established), and reminds that any signs of unlawful cult should be avoided in accordance with Urban VIII’s decrees on non-cult. The Instruction does not specify the exact moment of canonical recognition nor does it refer to Article 141 of Sanctorum Mater. It generally provides that this is to take place before the beatification of a Servant of God. I believe that the Instruction will be of good service to those who face
the task of canonical recognition of mortal remains and, importantly, it will prevent abuse in the future.

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Summary

For the first time since the reform of canon law in 1983, the terminology regarding relics was included in an official document of the Holy See. The Instruction distinguishes between significant and non-significant relics. Referring to the decrees of the Sacred Congregation of Rites, it shows the reasons why this particular division was rightly introduced. The bishop of the diocese or eparchy where the mortal remains are preserved is competent to perform all the possible procedures on them, provided he has previously obtained the consent of the heirs and the consent of the Congregation for the Causes of Saints (different variants are possible). Apart from a tribunal, the bishop nominates expert pathologists to perform technical procedures and two witnesses. The article discusses the procedures of canonical recognition of the remains, extraction of fragments in case of the imminent beatification, and some final operations.

Key words: beatification process; canonization law; postulator; significant relics; non-significant relics; Pope Francis; cult of the relic.

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